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ABSTRACT

The report summarizes the findings of a research program concerning accessibility of public transportation, particularly for the physically handicapped. The handicapped are identified; travel by the chronically handicapped is explored; and travel barriers are discussed. Design and operating guidelines, selection and application of the quidelines, and conclusions and recommendations are cited. (CD)



TRAVEL BARRI

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TRAVEL BARRIERS

DEPARTMENT OF TRANSPORTATION

OFFICE OF THE SECRETARY
Washington, D.C. 20590



introductory statement by secretary

There must be within our society a continuing universal awareness that transportation for the handicapped is good business, good government and good human decency.

The Department of Transportation is backing its awareness of the problems of transport for the handicapped with resources and funds.

The first of our projects is the completion of this study on "Travel Barriers."

The barriers which this study spotlights are those which keep handicapped people from participating fully in our society.

If we can increase the availability of the handicapped to our society then the nation and our economy will be further enriched.

The following study is one of our first contributions, but I assure you it is only the beginning of our efforts to provide suitable, economical transportation for this nation's handicapped.

Hansel object

preface

of the Secretary, U.S. Department of Transresearch program sponsored by the Office This report summarizes the findings of a ciates Inc. of Cambridge, Massachusetts. supported by a contract with Abt Assoof system changes. The research study was report when undertaking detailed planning communities should refer to the complete nical Information, Springfield, Virginia, 22151 (PB #187 327, \$3.00 per copy). Local Barriers which is available from the Clearbeen published in a report entitled Travel of the study central to this program has methodology, findings and recommendations Americans. A fuller discussion of the accessibility of public transportation to all portation, as a result of its concern for the inghouse for Federal Scientific and Tech-

review of the most relevant literature in the survey of the transportation needs, detailed The research study consisted of an initial and an analysis of alternative solutions by a problems and suggestions of 211 chronically fields of rehabilitation and transportation, a airplane, bus, taxi or self-driven automobile actions required for traveling in a train, view was a film questionnaire depicting the and designers. A novel part of each interteam of social scientists, systems analysts handicapped people statistically selected, Statistics, U.S. Department of Health, Eduprovided by the National Center for Health on an analysis of information about the cation and Welfare. national distribution of chronic conditions form the very actions they were watching respondents about their own ability to per-The film was used to ask the handicapped in the film. The survey design was based

table of contents

| Kinds of Barriers Acceleration and Deceleration Crowd Movement Requirements for Body Configuration and Articulation Long Walking Distances Sensory Limitations The Problem in the Future IV. Design and Operating Guidelines Potential Benefits of Barrier Free Transportation Planning New Systems Removing Barriers in Existing Systems Fare Collection Departure Time Information Crowd Movement Pedestrian Directional Information Guidelines for Level Changes in Stations Guidelines for Waiting Situations Guidelines for Long Walking Distances Bus Redeaign The Alternative of a Specialized System Institutional Constraints on Change | UI. Travel Barriers | II. Travel by the Chronically Handicapped | I. Identifying the Handicapped Who Are The Handicapped? What is a Handicap? | |
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VI. Conclusions and Recommendations

V. Selecting and Applying the Guidelines

41

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I. indentifying the handicapped

Many of the nation's physically handicapped are unable to take advantage of the economic and social opportunities of their community, even though they may possess valuable vocational skills, an ability to learn, able vocational skills, an ability to learn, and a full human capacity for enjoyment of and a full human relationships. For the social and personal relationships. For the nation as a whole, this is a waste of its most valuable resource: people. For the individual, influenced by a society that holds productive activity and personal autonomy in highest esteem, it can mean a life of loneliness, self-criticism and despair. Why?

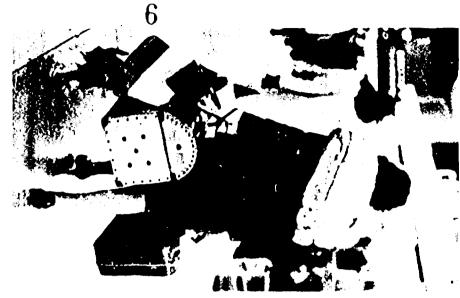
others have found that their job skills are the attitudes of potential employers, while no longer marketable. Some have sought for employment have been discouraged by Many handicapped people who have looked agencies which have all too often failed help from understaffed and underfunded out of fear, or shame, or a simple lack of them, others have never asked for helpinformation about what help was available. petitively priced markets or even to take care, improve their education, shop in comfind or hold jobs, obtain regular medical have been frustrated in their attempts to A significant number of handicapped people of poor transportation. A transportation part in everyday social activities because a population which has an equal right to capped from its use discriminates against system which bars the physically handiby the community. But only where access participate in all the opportunities offered portunities themselves truly equal to those opportunities are equal, are the op-

who are the handicapped?

Estinates prepared by the National Center for Health Statistics indicate that there are approximately 6 million physically handicapped whose mobility is limited as a result capped whose mobility is limited as a result of a chronic or long-term medical condition. of a chronic or long-term medical condition. This group is of major national interest, because improvements in the quality of public transportation are likely to result in the most significant changes in their lives.

consistently experiences difficulty with pub-The largest segment of the population that from the effects of a chronic medical condi-tion. There are at least another 4.6 million much from the natural process of aging as capped because their disability result as million citizens are unique among the handipeople at one point in time whose mobility lic transportation is the aging. or pregnancy. When all of these groups are ness or injury. Still others are excluded is limited by a serious but short-term ill combined, they total nearly 44 million peofrom use of the system by over or undersize, tation were improved. the duration of their handicap if transpor time savings, comfort and convenience for tunities who would benefit significantly in ple with limited social and economic oppor-These 15

A significant group of handicapped travelers include anyone who has ever been frustrated in his use of public transportation by the circumstances under which he was traveling. Some of these handicaps are voluntarily assumed and are seldom thought of as disabilities, like the shopper who carries bulky parcels on the bus, or the airline



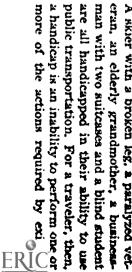


are not themselves voluntary. Every child by her responsibility toward him. Although through a subway turnstile is handicapped mother struggling to guide a toddler through a terminal is handicapped. A or too irresponsible to find his own way who is too short-legged to climb steps safely Other handicaps arise from social roles and passenger who totes his suitcase abroad.

chronically handicapped could also improve a transportation system to accommodate the operating changes which could be made to will be no more serious than these, the the population. the quality of transportation for the rest of trying encounters. Clearly, the design and tion is undoubtedly influenced by just such public's willingness to use mass transportathe handicaps experienced by most people

what is a handicap?

a handicap is an inability to perform one or eran, an elderly grandmother, a businesspublic transportation. For a traveler, then, are all handicapped in their ability to use man with two suitcases and a blind student A skier with a broken leg, a paralyzed vet





transportation systems at a comfortable level of proficiency.

Although all of these people are handicapped in different ways, they share a number of common disabilities which limit their ability and willingness to travel. The following disabilities functionally relate a multitude of handicaps to diverse and complex travel systems:

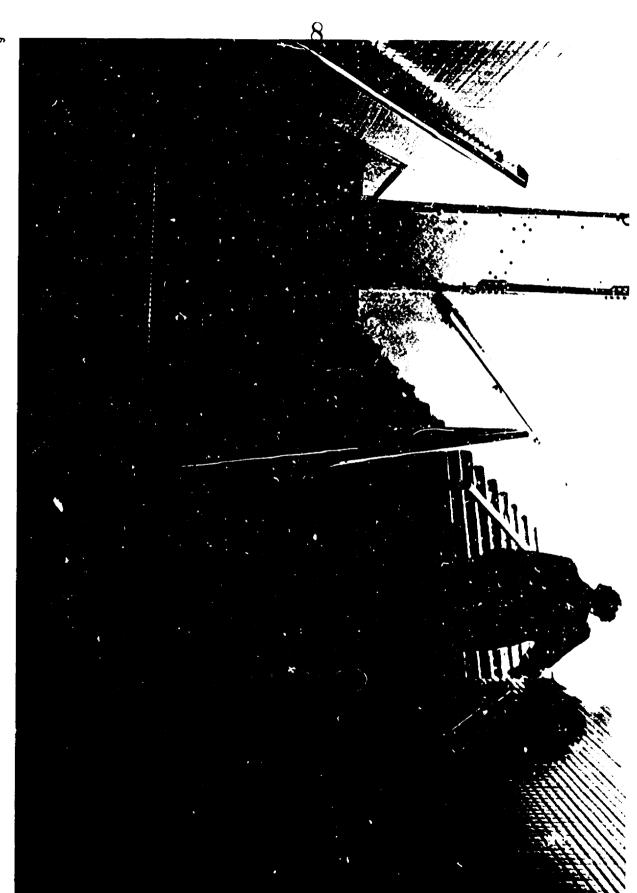
Wait standing
Go more than one block
Go up stairs
Go down stairs
Go up/down inclines
Stoop, kneel, crouch
Lift and carry weights
up to ten pounds
Reach

Handle or grasp
Move in crowds

Handle or grasp
Move in crowds
Identify visual cues
Identify audio cues

While there are certainly other important disabilities, these serve as a basis for developing and organizing guidelines for upgrading all transportation systems.







travel by the chronically handicapped

The chronically handicapped (excluding the aging) presently travel about half as much as everyone else, with the greatest difference between the two groups being in the number of social and recreational trips and the number of work trips. On a typical weekday they took about one third as many trips for these purposes as did the ablebodied in the same geographic area. The able-bodied also took about 2.5 times as many shopping trips as the hardic speed.

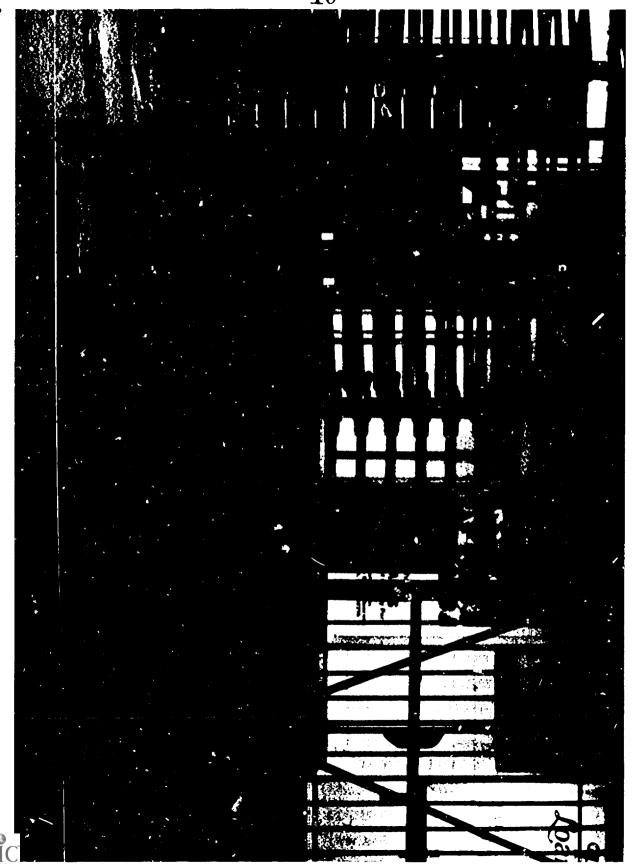
The handicapped are less likely to combine

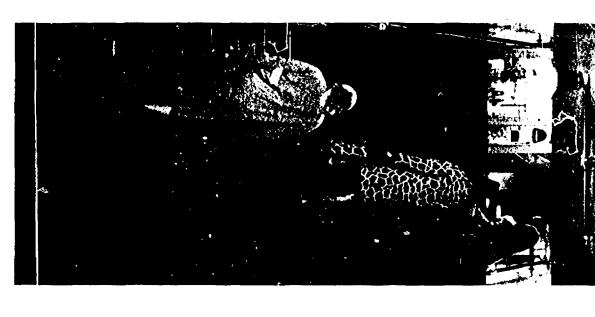
several different purposes into a single trip. Since they tend to tire more easily, especially when traveling, more of their trips are oriented toward specific destinations. A comparison of the number of trips taken at various hours of the day by the handicapped and able-bodied shows that the handicapped trivel most often between 9:00 and 11:00 a.m., rather than between 8:00 and 9:00 are

The handicapped individual's choice of travel mode appears to be influenced by the same factors which affect the mode choices

relative, or against its high cost by ta:

of other travelers, but his alternatives are limited to those modes which do not require difficult or impossible actions. Those who have access to public transportation appear to choose modes by the same criteria as the able-bodied: if they can afford an automobile and are able to drive, they do so. If they are physically able to use public transit, but cannot afford an automobile, then they prefer low-cost modes, namely, buses and subways. If public transit is inaccessible, then the necessity of the trip must be weighed against the inconvenience caused a friend or





III. travel barriers

kinds of barriers

The handicapped avoid public transit not only because of the barriers in the system, but also out of fear for their personal safety, the inconvenient routes and the difficulty making transfers. While these factors influence all of our decisions to use public transit, they are much more likely to be prohibitive for the handicapped.

Many travel barriers are architectural in nature and comparable to architectural barriers in buildings. In the transportation environment, architectural barriers are compounded by moving crowds and pressures to meet schedules. Many handicapped people note that they might be able to overcome these barriers if it were not for the pressure to move quickly. Since traffic flows are planned so that all passengers are processed through the same course, the absence of alternative routes frequently forces

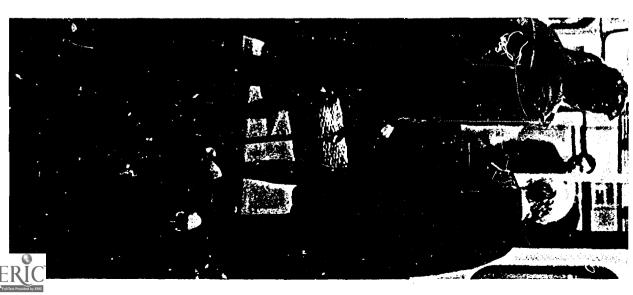
unavoidable barriers onto the handicapped traveler.

The barriers associated with novement—an essential part of the act of traveling—present even more difficulty to the handicapped passenger. Motion in and around the travel environment changes the character of many obstacles so that their effect is even more profound. A well-intentioned support stanchion, for example, can become a serious menace in a lurching subway car.

In addition to the hazards of physical barriers that move, the handicapped also encounter severe problems when trying to cope with some of the secondary effects of travel: acceleration and deceleration, crowd movement, time pressure, and long walking distances. Research indicates that these movement-related harriers are even more limiting than the physical obstacles. It is in that half of the handicapped are unaborated than half of the handicapped are unaborated.

maintain their balance is a moving vehicle as it starts, stops or goes around a sharp curve. Sixty-one percent are sufficiently fearful or embarrassed by crowds to avoid public transportation entirely. Slightly less than half can cross a street in the time allowed by a pedestrian light. This is roughly the same proportion that cannot climb a long flight of stairs, negotiate bus and train steps, or use a regular escalator.

simply cannot ride the bus. and exit down the steps. If a handicapped able to locate his stop, pull the signal cord approaches his destination, he has to be variation due to local conditions or design person cannot perform all of these acts, he of the seats are filled, he must ride standing file of barriers, although there may be some Each travel mode has a characteristic prohead grip to support him. As the passenger the aisle to be able to sit down. When al climb the bus steps, deposit his fare, and tive example. A bus's barrier profile provides an illustrain a crowd with a vertical stanchion or over-It a seat is available, he has to negotiate balance as the bus jerks away from the stop. locate a seat—all while maintaining his ing, until the vehicle arrives. Then he must ocate the bus stop and wait, usually stand-First, the passenger must



Typical Barriers By Mode

| Move in Terminals and vehicle crowds Identify visual Read direction Read direction Read direction Signs. See arriving train. Locate gates, riving train. Locate gates, riving train. Locate gates, riving train. Locate plat-restrooms, seats, exits. Hear announcements nouncements and warnings. and warnings. Wait standing Wait on platform platform | Buy or turn in ticket. Carry bag- Carry 10- Carry bag- pound weight gage. Use packages | Disability Disability Train Walk from Walk more than one block curb through boarding concourse to platform. Enter or exit station. Sit/rise Sit/rise from waiting room or train seats car Pick up baggage. crouch Reach-handle door. Enter compartment Grasp hand- rail. Open rail. Open case to rack. |
|---|--|---|
| | Carry packages | Bus Walk from origin to stop or stop to destination Board bus via steps. Sit/rise from seat in car Pick up packages. Signal bus. Deposit fare Grasp over- head grip. Pull signal cord. |
| reminal rehicle rehicle rehicle locate coun- see approach- Locate coun- see approach- Locate coun- bus destina- bus destina- bus stop, curb, P.A. system bus stop, curb, P.A. system bus stop. Hear an- onboard an- stop. Hear an- onboard an- nouncements, nouncements. ask directions. ask directions. wait outdoors Stand in boarding or ticket line | Handle own baggage | Airplane Walk from curb to gate. Board plane via stairs. Sit/rise from seat in lounge or on plane Pick up baggage. Buy ticket. Handle bag- gage. Fasten seatbelt. Reach overhead ovygen mask. Lower tray table |

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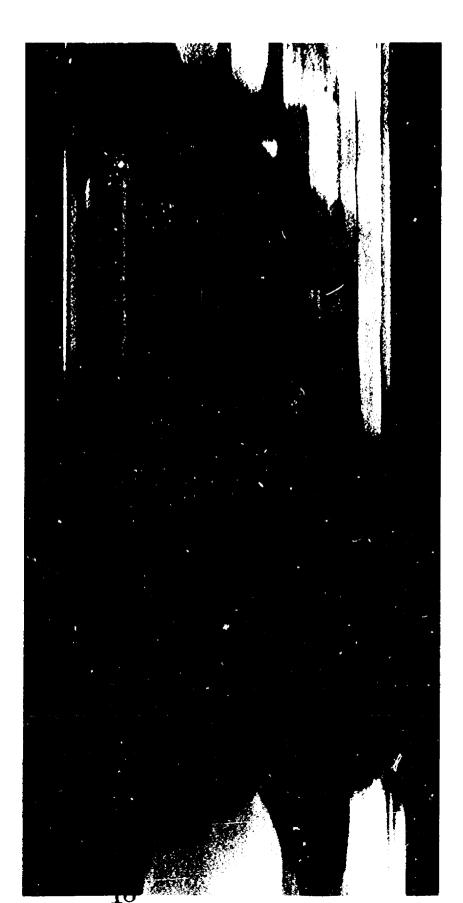
acceleration and deceleration in travel

While constant velocity has little or no effect on travelers, acceleration and deceleration, especially when uneven, can cause hazardous encounters between the passengers and stationary parts of the vehicle. Although passenger comfort is very subjective, it is generally agreed that most

able-bodied people find it irritating, and sometimes dangerous, to experience acceleration between 0.1g standing, and 0.15g seated. This kind of motion so alters the encounter with the vehicle that any person may be discomforted or injured in a collision with some part of the vehicle which is not normally a barrier. Fifty-five percent of the handicapped report that they have difficulty staying on their feet in a typical subway start, and almost as many indicate

that they have trouble remaining standing in an accelerating bus.

The jerkiness frequently associated with the bus, and occasionally with other vehicles, can be attributable mostly to rapid changes in acceleration and deceleration. The roadway on which buses now travel is filled with other vehicles which do not always operate in a predictable manner. This situation, the ensuing impatience of the driver, and occasional idiosyncracies of



size and height of the bus prevents the of acceleration and deceleration. capped travelers and compounds the effects vehicle is about to accelerate. This unexconditions, he is seldom warned that the equipment can result in sudden and irregupectedness creates anxiety among handipassenger from viewing road and traffic lar acceleration and deceleration. Since the

travel results in sudden movements of the Acceleration not parallel to the direction of

with a typical grip to hold. and uneven surfaces produce most of these vehicle in unanticipated directions. Curves handicapped are not able to ride standing transit, and approximately half of the and jolts characteristic of most urban poles offer little support against the bumps in an airplane. Hand grips and overhead moving train, and 21% are unable to do so doubt they could walk to a rest room in a Thirty-seven percent of the handicapped forces, and they, too, are hard to control



long walking distances

The corridors and tunnels found in most long distance transportation modes make demands which handicapped persons often cannot meet. The long walking distances in rail and air terminals are barriers for persons with limited strength, low energy, sensory deprivation, and impaired balance. These difficulties are frequently compounded by the need to move quickly and the complications of handling baggage.

crowd movement

The irregular, dense, and usually hurried pedestrian traffic in most travel situations

avoid delays motivates the handicapped, plicit in a situation in which the slower or avoiding them. The social pressure imembarrassment are possible in all crowds, dental injury, physical assault, and social of actual physical impact with rushing paselers as well as a source of apprehension. is a physical menace to many disabled travhe is impeding others can also be upsetting. moving handicapped person may feel that tinguished by the difficulty of withdrawing those in transportation situations are diswhich can be attributed in part to the fear frightened or upset by crowds of strangers, About one-third of the handicapped are The desire to maintain a schedule and to Although the dangers of acci-

like all other travelers, to proceed as quickly as possible through the trip. Since the disabled traveler dislikes being late just as much as anyone else, he can be swept along by the crowd into unexpected travel barriers.

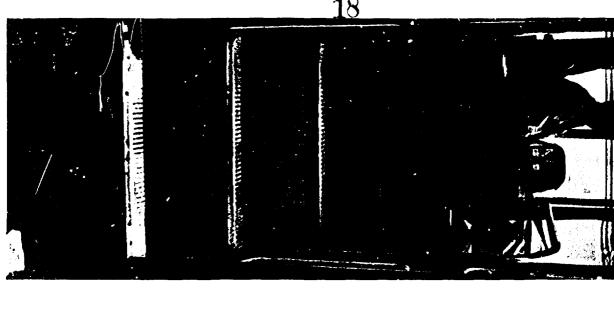
requirements for body configuration and articulation

Both medical conditions and orthopedic aids can alter a person's form so that he cannot use public transportation. Since transportation facilities are designed to accommodate a mythical average man, aimost any









atypical body configuration exceeds the tolerances of the equipment. A man in a wheelchair is barred from passing through a turnstile simply because his chair makes him too wide. Someone using crutches encounters similar problems with narrow passageways, compounded by his inability to make free use of his arms. Victims of muscle and joint diseases are frequently unable to flex their knees well enough to climb stairs. These are just a few of the ways in which transportation systems present barriers to people with unusual sizes and shapes or limited articulation.

sensory requirements

Use of public transportation requires that the traveler regularly receive and process information about routes and schedules, as well as occasional emergency information about delays from traffic conditions or equipment failures. Much of the information that guides the traveler is transmitted by signs and loudspeakers, and little use is made of other senses. When one of these senses is impaired, travel information is no longer communicated, and problems are immediately created for the blind and deaf.

the problem in the future

It is conservatively estimated that by 1985 nearly 5.2. million chronically handicapped citizens will be unable to go up or down stairs, steps, or in many cases inclines, well enough to make use of current forms of public transit. When those with short term disabilities are included, the number is even higher. Changes will therefore be required in vehicle entrances to make buses and subways accessible. The limb articulation nec-

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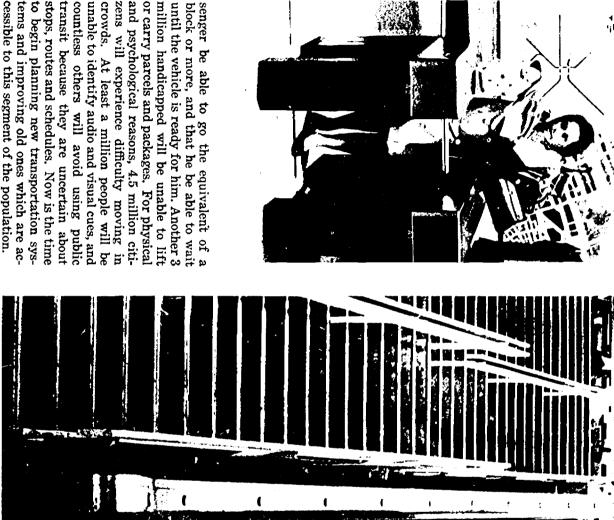
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essary to reach, handle and grasp will limit the ability of at least 2.4 million people to open vehicle doors, lift baggage, grasp overhead supports, use handrails, and handle small change. The difficulty of sitting down and standing up while in a moving vehicle, or of transferring safely from a stationary position to a moving one (as in an escalator) will be experienced by some 3.7 million chronically handicapped in 1985. This is especially important in vehicles where acceleration begins before the passenger is seated. Transfers between modes will be difficult for more than 4 million in 1985, since they generally require that the pass-

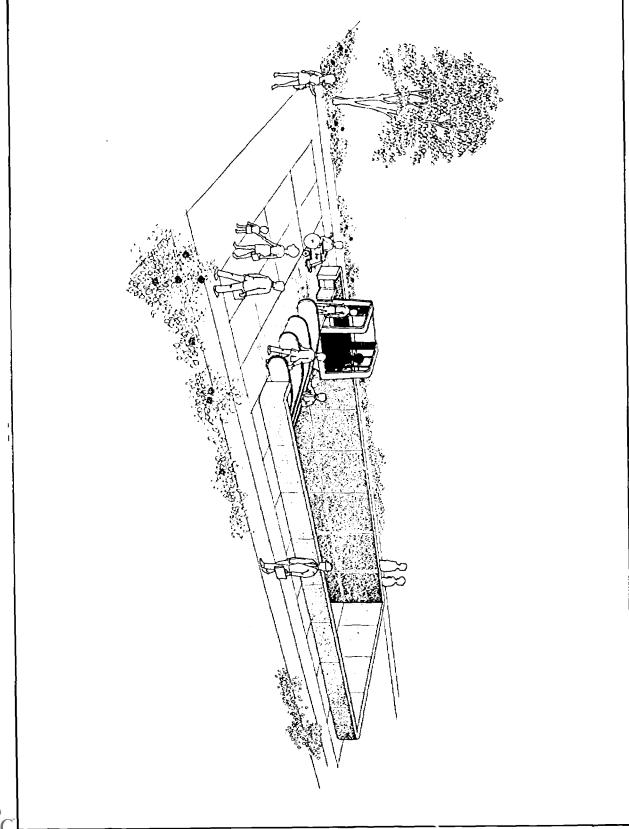




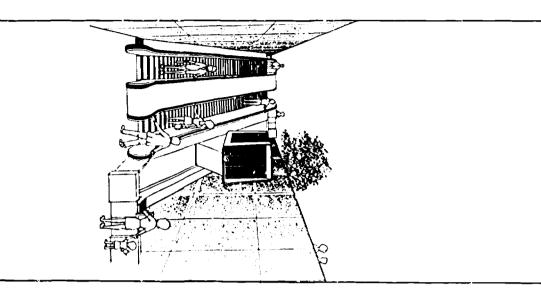


cessible to this segment of the population. stops, routes and schedules. Now is the time and psychological reasons, 4.5 million citior carry parcels and packages. For physical tems and improving old ones which are acto begin planning new transportation systransit because they are uncertain about countless others will avoid using public unable to identify audio and visual cues, and crowds. At least a million people will be zens will experience difficulty moving in million handicapped will be unable to lift until the vehicle is ready for him. Another 3 block or more, and that he be able to wait





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IV. design and operating guidelines

potential benefits of barrier free transportation

The most severe effects of a chronic handicap are felt in the area of employment. Thirty-six percent of the national chronically handicapped population, aged 17 to 64, are members of the labor force, compared with about 71% of the non-handicapped population of the same age. It our work-oriented society, the unemployed person not only loses income, but also a sense of personnel worth as a result of his being unemployed. When the educational attainment of a handicapped person is low, his employment opportunities are even more limited.

group would return to work if their transare looking for jobs identify transportation 30% of the unemployed handicapped who who are not part of the labor force. About transportation more relevant than do people capped appear to be more conscious of added significance once the decision to seek to work, transportation problems take on employed handicapped persons could return conditions must be changed before most unpoor transportation. Although all of these results indicate that 13% of the chronically portation were no longer a problem. These unemployment, and almost 70% of this as one of the major contributors to their work has been made. The employed handihibited by many factors, of which one is some 200,000 people, would enter the work The employment of the handicapped is inhandicapped population of working age, or

force if their transportation problems were solved.

sufficiency, the social benefits of equal opestimates are extremely conservative. the social and psychological aspects of selfwelfare payments. Unfortunately, cost such as increased tax revenues and lower average of about \$3,887,000 for each major the handicapped. As a result, these dollar to allow travel barriers to further handicap portunity, or the true costs of continuing benefit analysis is inadequate to account for ing. They also omit all transfer payments access to educational and vocational trainhandicapped or the benefits of improved the benefits of time savings for the acutely metropolitan area. These estimates exclude barriers in and around metropolitan areas that would result from eliminating travel total yearly increase in goods and services) has been estimated at \$824,000,000, or an

planning rew systems

A number of cities across the country are now in the process of designing and planting new fixed-rail transit systems. If the physically handicapped are to be given an opportunity to use public transportation, these new systems must be planned from the beginning with this population's special requirements in mind. The specifications set forth by the American Standards Association for public buildings are equally appropriate for transportation terminals. However, as indicated above, there are a number of other factors unique to transportation which must be given special at-



for different denominations of bills and coins.

mechanized fare collection

sold between buses for each route and sig could simply count the number of tickets each stop, and automatic collection of all new passengers to show their passes. transactions made, the driver would ask passengers was greater than the number of nal the number to the driver or to a receivto clothing. Alternatively, the machine chine could issue a highly visible pass, permachines stationed at the curb. The mabe collected by automated ticketing-vending rassment to the bus driver. Bus fare could speed passenger boarding and reduce hartickets or tokens throughout the trip would ing mechanism in the bus. If the number of haps with an adhesive back for attachment The sale of tickets by vending machines at

special ticket lanes

Airlines and passenger trains should provide special ticket lines during peak periods for aging and handicapped travelers, as well

as for mothers with young children. This would reduce crowding and anxiety about delays for the people who are most affected.

passis

Any means to reduce the actual number of ticket-selling transactions would help save time and control crowds. Since most trips are actually reund trips, round-trip tickets could be sold—perhaps at some reduction in cost. Similarly, a shopper might buy a "day-tripper" pass which would let him ride as often as he wanted on buses and subways, at a saving to him if he made more than the average number of trips. A prepayment card would permit a traveler to buy a ticket for a certain value which would diminsh with use.

credit cards

A credit card could record the user's passage and trip cost for a central accounting system which would bill him monthly. The card itself would require an automated rapid-reading system, so that the user could insert his card at one end of the toll chan-

nel and reclaim it at the other. Temporary cards with magnetic ink or tape messages would be available at a daily rate for sporadic riders. More permanent cards might be coded in such a way that the machine would recognize their expiration date. Cards with electromagnetic recording code strips could be recorded at regular intervals.

fare collection gates

A more efficient fare collection and passenger counting system could borrow techniques from highway toll booths, where social embarrassment is the main sanction against a driver's failure to pay. An approaching passenger would activate a double swinging gate by moving across a pressure sensitive floormat and depositing his fare. After passing through a channel wide enough for a wheelchair or person on crutches, the passenger would close the gate by stepping on another pressure-sensitive mat. During peak travel periods the gate would ensure that each set of successive steps was accompanied by deposit of the proper fare. A simple timer could hold

ment of the population. cuse for neglecting the needs of this seg. modifications are required, there is no exwe have a better understanding of what tention in planning new systems. Now that

can be implemented for almost no cost at all. Careful and timely planning for new facilities will avoid the higher costs of present barrier-ridden systems. Further-more, there are a number of designs which will probably be no higher than the cost of been developed, the implementation costs tially be high, but once new technology has of the most critical improvements will inifuture modifications for the handicapped The cost of desiging and engineering many

city may be small, the guidelines proposed capped who might use the system in a given capped is largely dependent on the addisystem which is accessible to the handiplanner, the decision to invest in a transit would make the system so much more at Although the number of physically handitional revenues which he expects to receive. In the mind of the local system manager or

> convenient to use. would also find it more comfortable and tractive that many who are not now riders

removing barriers ın existing systems

and can be eliminated by similar solutions. barriers are common to more than one mode own profile of travel barriers, many of the Although each transportation mode has its

will need further research and testing beers, planners and operators to reconsider design changes are discussed in detail and fore they can be incorporated into legislathe actions required of all passengers, and to stimulate transportation system designillustrated. These guidelines are intended particular mode. In some cases, specific first, followed by those that are unique to a These barriers and solutions are described

tare collection

Much of the delay which encourages pas-

creases the desire to rush. Delays due to often obtaining change from the driver. Within the vehicle, the boarding passenger generally deposits his fare in a coin box, gates and other fare collectors are designed areas. Subway turnstiles, airline boarding around fare collection and ticket-selling collection. payment for trips could be greatly reduced strates possession of a coin, token or ticket sengers to rush is caused by bottlenecks by reconsidering the whole process of fare hances anxiety about being late, and in-This procedure adds to passenger delay, ento slow a person's travel until he demon-

dispersal of fare collecting

could be automated with the developm necks in the trip. Mechanical collection fa-cilities might be available throughout the venient for him. Many of these transactions transaction at whatever point was most contrip so that a passenger could make the after the trip, would help to reduce bottlethe vehicle, during the trip itself, or even Fares collected while people are waiting for

gate open for a preset period, and if no one else passed through at the end of that time, the unit would return to its normally closed position. Each person moving through the unit during the period when the gate was open would set the interval timer back to zero, entaring that the gate would remain open for at least one more interval. The passenger intent on a free ride will find ways to cheat the toll-gate, just as he now evades the turnstile. However, the accessibility it provides the disabled and the increased convenience to all passengers nevertheless makes it an attractive improvement.

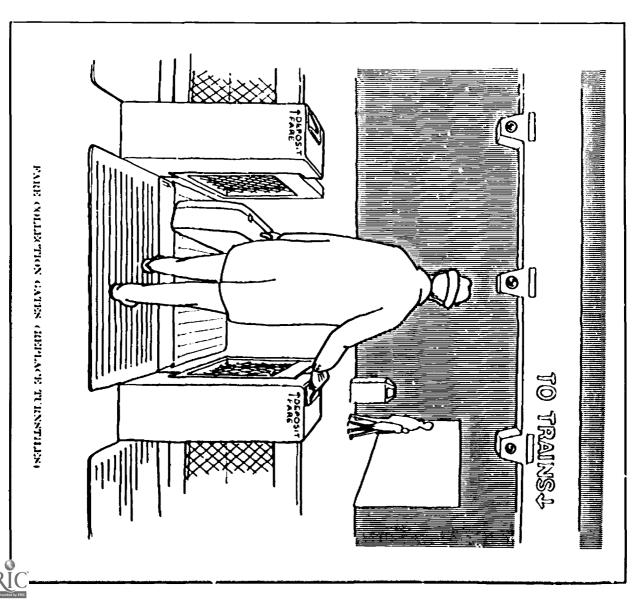
improved coin receiver

Another factor causing bottlenecks at turnstiles is the coin or token slot. Present designs require that the passenger place his coin precisely into a slot only slightly larger than the coin itself. This is difficult for anyone wearing gloves, and an even greater problem for those with poor coordination or muscle control. Since the passenger must come to a complete stop to deposit his fare, he slows a whole like of people at rush hour.

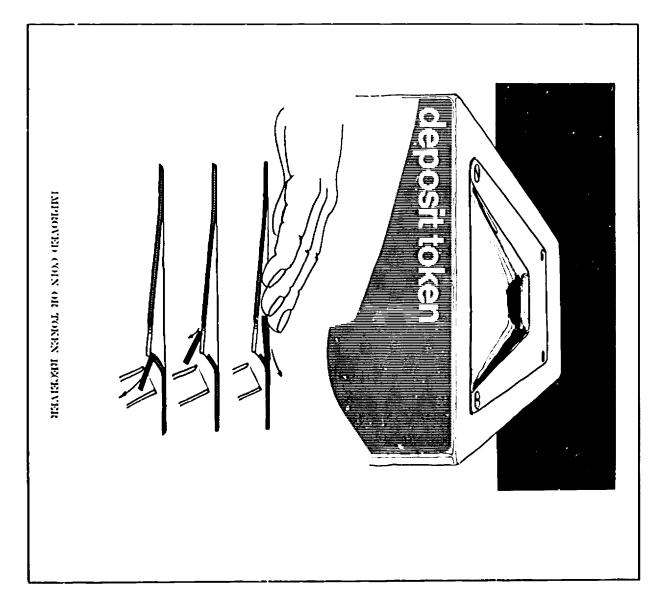
A shaped coin receiver capable of accepting a coin over a larger area and from a number of positions would be a better solution. The nearly-flat panel could be mounted on the top surface of the toll-gate column with a wide flat area at the end toward an approaching passenger. With one motion, he slaps the coin on the surface and slides it forward in the direction of his movement. The curface which the coin contacts guides correct coins into the proper slot and rejects incorrect coins.

departure time information

Accurate and timely information at each station about the departure of the next bus



ß



or train would eliminate much of the unnecestary hurrying characteristic of the travel environment.

illuminated status board

A passenger entering a station would pass by an illuminated read-out sign showing departure information. For example, he might read that a train had just departed on line A, that one was in the station and about to leave on line B, but that the train on line C would arrive in three minutes. He could then pace himself to arrive at the platform without needless rushing for a minimum of waiting time.

Hardware for such a system could be inexpensive read-out tubes of shaped-filament ("Nixie tubes"), activated by a simple timer and triggered by a pressure or magnetic-sensing switch on the track. Sensors would be recuired at each platform, timers and signal generators could be centralized in each station, and read-out boards would appear close to each station entrance.

teievision display

Television displays similar to those presently found in nirline terminals should be adopted by other modes which have large terminal complexes. They should take advantage of the medium's ability to present greatly different kinds of information at varying intervals in a way that is not now done. A series of screens in terminal carridors should show the departure schedule for all routes, directions to platforms, directions to equipment, and emergency or delay notices on a time interval basis.

directional information pedestruan

and rushing of other passengers and expend others, they suffer more from the confusion a higher percentage of their total energy necessarily more easily confused than and generally unpredictable movement in correcting mistakes in direction. though the physically handicapped are not pedestrian traffic flow arises from every Much of the rushing, stopping, bunching passenger's difficulty orienting himself. Al-

visual indicators

Information personnel, telephones and maps along major passages, and clearly marked quently poorly lit and badly located for used to the extent necessary, and are fremunicators are not new, they have not been transportation systems. While these comroutes and exits should be evident in all maximum visibility.

24

floor texture pathways

already been made of this technique in capped. Floor materials of different resil-iences and textures could help guide the whether or not they are physically handicommunicate information to all passengers, Little use has been made of senses other than sight in providing directional informamotor vehicle travel lanes. bombarding the visual senses. Some use has tant information could be conveyed without direction of able-bodied pedestrians. Imporsightless, as well as control the speed and tion to travelers. Tactile stimulation can

audio signals

of a carefully selected pitch could convey Sound has been used in the past in the form of voice communication, which is easily stereophonic effect. In a terminal complex information by means of its interval and reproduction. A pulsed, non-verbai wund masked by crowd noises and garbled by pour

> the nearness of the departure time for the vehicle at that platform. This sound pulse system would provide the blind, illiterate, sound "traveling" along it by sequenced stereophonic reproduction from speakers and non-English speaking population with move down the passage, with the speed of might have a characteristically pitched slong its length. The pulse would seem to each passage leading to a specific platform valuable guidance information. its apparent movement varying to indicate

crowd movemens

ment of peak hour crowds. would contribute to a more orderly move dures and special directional travel lanes Fare Collection, improved boarding proce-In addition to the ideas discussed under

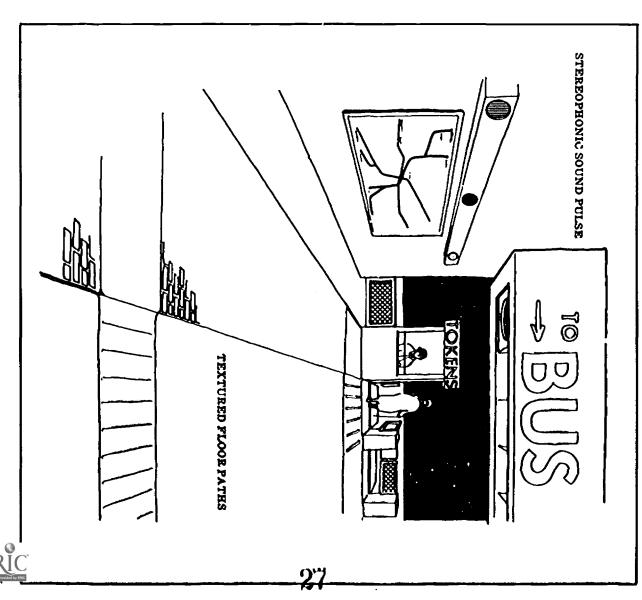
At the boarding gate or platform, the rush boarding procedures

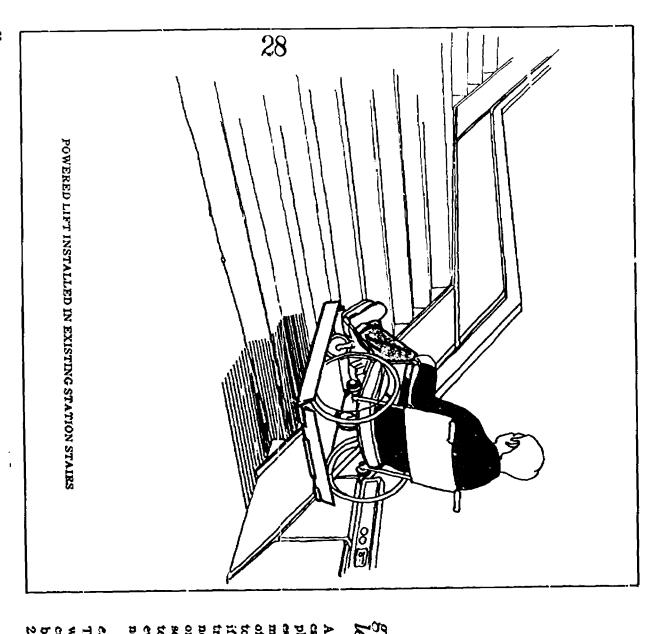
for choice seats and the bottlenecks created by narrow entrances generally cause crowds to form. Seating priority for the handicapped would minimize this effect. Separated entrances and exists should be a design fenture in all new vehicles, and separate paths for entering and exiting passengers should be indicated in existing systems. Corridors should also be clearly divided to separate opposing traffic streams. Street and platform markings for the transit driver would help him stop at the same place, and eliminate last minute sprints to the vehicle entrance.

same place, and eliminate last minute sprints to the vehicle entrance.

special travel lanes

Special travel lanes for slower passengers would minimize the delay and ensuing impatience of more mobile travelers. This would not only make the handicapped's travel more comfortable and less anxious, but would reduce the social pressure to rish





guidelines for level changes in stations

As many as 45% of the chronically handicapped population have difficulty changing platform levels by stairs, steps, ramps or escalators. Considerable progress has been made toward identification and removal of barriers in public buildings, and access to these buildings could be greatly enhanced if comparable improvements were made in transportation systems. In some cases the necessity of level change can be eliminated or reduced by improving predominant passenger traffic flows and reorganizing major terminal facilities. More frequently, however, mechanically powered devices will be necessary.

escalators

The escalator shares with the moving sidewalk the problem of being extremely difficult to board for persons who have poor balance or cannot move quickly. At least 25% of the physically handicapped have



difficulty using a typical escalator—more than half of the people who express difficulty with long stairs. Hence the escalator, while a solution to the level change problems of some handicapped is a new barrier to others.

elevators

Hardly anyone has difficulty using an automatic elevator, and careful attention to such details as location of control buttons will assure accessibility for the handicapped. Elevators, however, are very expensive and difficult to install in older buildings without existing shafts. One possibility might be to install the elevator outside the terminal. Since they are the only level change device accessible to all travelers they should be built in all new terminal facilities.

inclined elevators

Few alternatives to the conventional elevator are successful at meeting the needs of all travelers. One which shows promise is under development by the Rehabilitative Services Administration of the Department of Health, Education and Welfare. It op-

erates in a standard escalator channel, and can either be installed in a new station, or replace equipment in an older facility. It is seven feet by five and one half feet, and carries ten to fifteen people standing or several wheelchairs.

unps

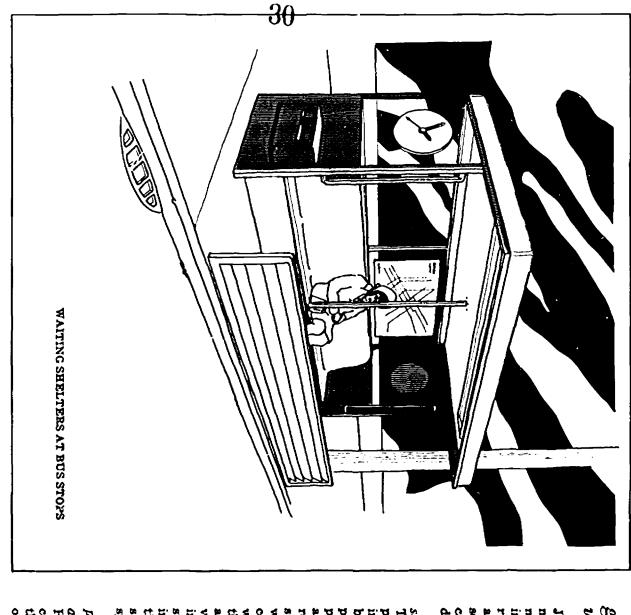
Ramps, while necessary for people in wheel-chairs, are not universally acceptable to the handicapped population, especially those who walk with canes, crutches or braces. It is very difficult to maintain one's balance on a ramp while using these aids, and ramps of the recommended 1:12 ration are simply too long to be installed within most travel complexes. Ramps with powered assistance to engage a wheelchair firmly and propel it upward or retard its downward roll might be considered further, but they are generally not reasonable alternatives either to stairs, escalators or elevators.

stair-lift

A stair-side lift platform could be installed in the stairways of existing stations. The unit could have a flat platform which would

hinge down from its normal storage position agains: the wall of the stairway. Summoned by a disabled person using a coded pass or key, this lift platform would move in its folded position to the level of the person requiring it. There it would be opened, so the traveler could walk or wheel onto the platform and start the unit moving either up or down.

for its next user. would fold against the stairs wall t and its path would be clearly marked on equipped with an audible warning signal wary pedestrians. The platform would be encountered any resistance, including unspring up at an angle when the platform is should be hinged ramp surfaces which the passenger disembarked, the platform emergency button within easy reach. After stop the lift at any time by means of a large the stairs. The passenger would be able to to stop the moving platform instantly if it also serve as pressure-sensitive safety edges his wheelchair from rolling off. They would The fore and aft edges of the platform in use, protecting anyone who failed to lock



guidelines for waiting situations

Just as the hurried pedestrian movement of most travel systems creates difficulties for many handicapped persons, so do the waiting situations which so often follow the rush. Protection from bad weather, insurance of personal safety, and comfortable seating are critical to persons whose physical conditions lessen their tolerance for discomfort.

shelters from inclement weather

cold outdoors, the shelter should be equipped with infra-red heaters which would add to when entering on overheated bus from the sudden temperature changes that occur space for a wheelchair. sign of the shelter, it should have reserve ticket-vending machines. Whatever the destructures should have route and schedule respiratory ailments cannot tolerate the and spattered mud. Since many people with The degree to which waiting areas are exinformation systems and in some cases in the splash of passing vehicles. Shelter vent them from trapping the people waiting and placement of the shelters should prethe comfort of all passengers. The design protect travelers from wind, rain, snow, provided at bus stops and taxi stands must posed to bad weather is a decisive factor by the physically handicapped. Shelters in the use of public transportation systems

personal safety provisions in waiting areas

Handicapped persons appear to be more conscious of hazards to their personal safety than are the able-bodied. The outside w of bus shelters should be transparent of bus shelters should be transparent.

allow passers-by to see inside, reducing the dangers of both personal attack and vandalism. Shelters should be well lighted inside and out to prevent anyone from hiding in or behind them. This would also permit reading while waiting.

passenger convenience in waiting areas Architectural barriers should be removed from waiting room areas, in compliance with the recommendations of the American Standards Association. Restroom should include at least one toilet compartment that is large enough to accomodate a wheelchair or person on crutches, and equipped with sturdy handrails in appropriate locations. Sinks and other conveniences should be within easy reach, generally not more than 40" above the floor. At least some drinking fountains should have a side mounted hardware accessible to children and travelers in wheelchairs. Public telephones, too, should be within easy reach.

seating in waiting areas

Waiting and boarding areas should provide comfortable scating for all physically handicapped passengers. Arm rests should be placed so that weak persons or those with poor balance can easily sit and rise again. Chair backs and seats should be relatively straight, perpendicular to one another and parallel to the walls and floor, to make them easier for the disabled to use. Chairs should either be firmly mounted on the floor or walls, or have non-slip feet to prevent their sliding away from a person lowering himself with the support of the arms. If a bench is used instead of individual units, sturdy vertical stanchions running straight up from the front edge of the bench will provide a gripping surface over a wide rance of heights.

guidelines for long walking distances

The long walking distances in most major terminals are difficult or impossible for about 16% of the handicapped. Three solutions are to shorten distances whenever possible, to provide personal locomotion for necessarily long distances, and to avoid needless walking by increasing pedestrian directional information.

auto parking and stopping

Long distances from parking areas, especially at airline terminals, add to the distance that riust be covered within the building. Reserved parking spaces for disabled drivers have already been adopted at many locations. The cars of elderly and handicapped travelers, which in some states are identified by specially lettered license plates, could be turned over to parking attendants at the terminal door. Where parking is available only at considerable distance from the terminals, frequent and rapid barrier-free transportation should be provided from the parking lot.

in-terminal transportation

Where long distances in terminals cannot be eliminated, some form of transportation within the building is desirable. Moving sidewalks have been installed in some terminals, which do assist most able-bodied passengers and their hand baggage. However, boarding poses problems similar to the escalator, and about 25% of the physically handicapped have difficulty using either of them.

Another suggestion for moving people within sprawling terminal complexes is an in-

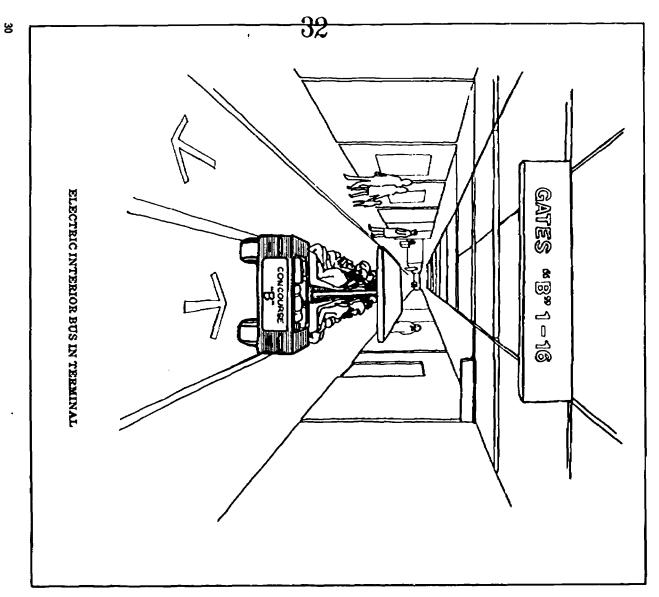
ternal vehicular system to carry both passengers and their hand baggage to the boarding gate. These might be small, electrically-driven trains of rubber-tired vehicles similar to the Balade trains at Expo 67 in Montreal. The vehicles should be designed so that passengers can sit down and get up quickly to avoid delays at boarding areas and should have ample luggage compartments. These could be used in most existing terminals and would share the halls with passengers on foot, with the help of marked vehicle lances.

bus redesign

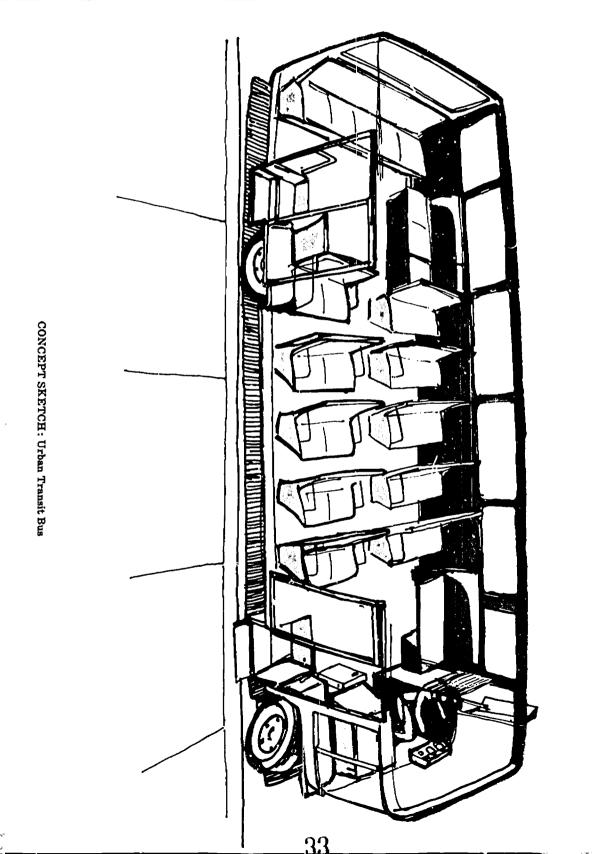
A significant amount of exploratory bus design work has been recently carried out by General Motors, the major bus manufacturer. The experimental RTX bus uses smaller tires to lower the vehicle, lowered entrance steps, and a number of other features which make the vehicle more attractive for all passengers. However, most of the changes in the RTX appear to be modifications of existing bus components (stairs, tires, seating, etc.), when a major rethinking of the overall design seems to be required.

The first target of a thorough redesign should be the height of the interior floor which is presently necessitated by drivelines, engine components, suspensions, and large wheels. Jounce room for the suspension of the solid rear axle connecting the back wheels is also a limiting factor. These problems suggest that the power train and accessory components should be relocated and that suspensions and wheel sizes should be changed. A front-mounted engine, driving the steering wheels as in a front-wheel ing the steering wheels as in a front-wheel drive automobile, would only have to share





space with the driver and the entrance area. Smaller tires, independently suspended at the rear, requiring no cross-axle, would remit the floor to be lowered between the



ERIC

Subway and Elevated Train Guidelines

Sway, stop/start

PROBLEM

SOLUTIONS

New car suspension
Improve roadbed and track
Improve design of vehicle interior
Improve smoothness of vehicle operation,
switching
Mechanical or electronic governor to
regularize rate of acceleration and
deceleration

Entry, exit bottlenecks

Redesign fare turnstile to eliminate push-bar, widen channel
Pressure mats to open fare gates when coin is deposited, automate doors

Rearrangement of seats

Vertical stanchions, within reach of every seat
Prohibit standees near entrances

Improve coin receiver to eliminate precision

at exits

movements

IMPROVED PLACEMENT OF SUBWAY CAR ENTRANCES AND SEATS ß B B 35

ERIC Tull least Provided by ERIC

Bus and Trolley Guidelines

SOLUTIONS

PROBLEM

Sudden Movement Special bus lanes to control traffic Pad hard interior surfaces to reduce accidental injuries Vertical floor-to-ceiling stanchions Limit bus seating Smaller buses with more frequent service Redesign fare turnstile to eliminate pushbar, widen channel Pressure mats to open fare gates when coin is deposited, automatic doors

In-vehicle barriers

Pad hard interior surfaces
Provide vertical stanchions for all seats
Reserve seats near entrance
Provide open space for wheelchair

Major redesign of bus

Provide raised platforms at bus stop

steps, add ramp or lift

Modify bus to lower entrance, mechanize

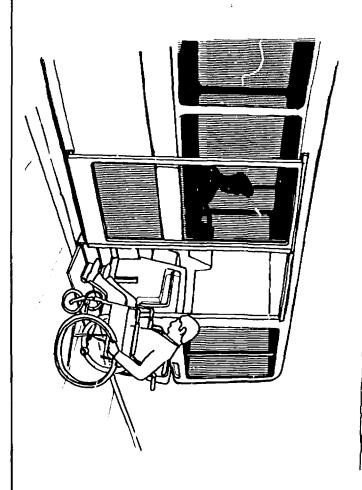
Improve coin receiver to eliminate

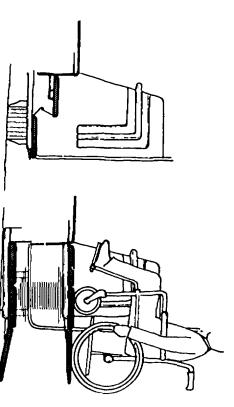
precision movements

at exits

Widen aisles to ASA standards







POWERED LIFT IN BUS FUNCTIONS AS STEPS AND PLATFORM

ERIC Full Text Provided by ERIC

37

Air Travel Guidelines

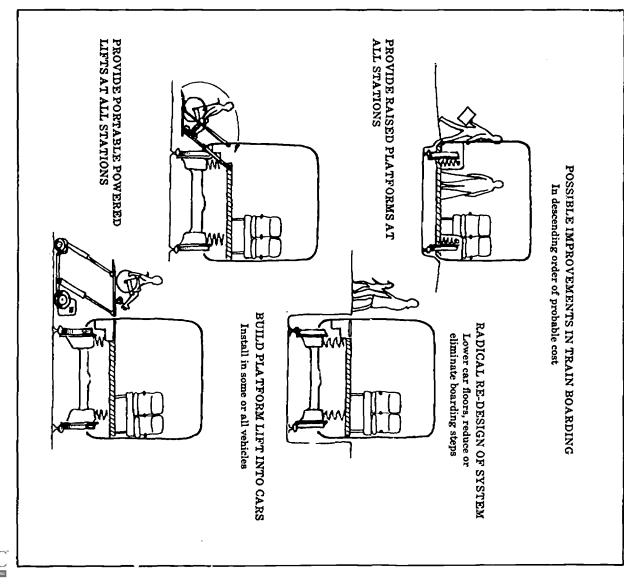
Baggage Plane interior barriers Enplaning/deplaning Terminal distances PROBLEM SOLUTIONS Stair lift in boarding stairway Enclosed boarding walkways Curb-side and parking lot baggage check Concentrate ticket counters Mobile lounges Passenger transit systems in special lanes Redesign washroom to include: Tie-down location near entrance for wheel-Widen aisles and doorways to ASA standards Hand baggage storage on plane within easy Baggage delivery to cabstand and parking lot Curb-side or parking lot check-in Height-adjusting mobile lounges Distinguish controls tactilely from each other Lower controls and call button Incorporate ASA standards in design of all new terminals down all long corridors Sufficient space for wheelchair Application of ASA standards Handles or rails for toilet transfer



Train Travel Guidelines

| In-car Barriers | Vehicle entry-exit | Baggage | Sudden Movement | | Terminal distances | PROBLEM |
|---|--|---|--|---|--------------------------------------|-----------|
| Apply ASA building standards for aisles, doors doors Remove outside arms on aisle seats for easy transfer from wheelchair Tie-down space near entrance for wheelchair Redesign washroom to include: Sufficient space for wheelchair Handles or rails for toilet transfer Application of ASA standards | Wider doors to ASA standards Provide wheelchairs in stations Extend handrails down to platform Provide lifts at each track | Baggage storage within reach of everyone Curb-side or parking lot check-in Baggage delivery to cabstand and parking lot Hand baggage storage on plane within easy reach | Improve tracks and roadbeds Redesign car suspension Track-triggered curve warning system Vertical stanchions at intervals on aisles, or Handgrips on outer back corner of aisle seats Pad hard interior surfaces | Mobile lounges Concentrate ticket counters Curb-side and parking lot baggage check Incorporate ASA standards in design of all new terminals | Passenger transit systems in special | SOLUTIONS |







the alternattive of a specialized system

One alternative to modifying existing transit modes is the creation of a specialized system to serve the needs of all aging and handicapped travelers—even those handicapped by the circumstances of their traveling. While this is no substitute for planning accessibility in new sytems, under some circumstances it may provide the physically handicapped with access to employment, education and recreational opportunities that they might otherwise have been forced to ignore

of handicapped. Secondly, cities of around 200,000 people, which are generally dequently it is difficult for them to make their vehicle itself. A specially equipped, dynamand transfer points, rather than in or at the First, the most important travel barriers to able for a number of different reasons. cities in the same situation. without comparible pressure from other bus system accessible to the handicapped interior components is limited, and consedesign of their transit system. The menu of do not in fact have much control over the pendent on buses for public transportation, travel opportunities for the largest number ing this problem and thereby providing ice has the greatest potential for minimizically-routed system with door to door servthe handicapped are concentrated at access The specialized system appears to be desir-

Preliminary analysis indicate that cities of this size can profitably operate a specialized "mini-bus" system for all the handicapped until such time as greatly modified buses or entirely new systems are tested and available. Specialized systems might also be

instituted even in smaller cities with additional revenue-generating uses found for the vehicles during slack times, since it is important that the price of the ride be kept at a level that low income people can afford.

Vehicles for such a system would be small (4-5 passenger) "van" type models with flexibly equipped interiors and mechanical devices capable of accommodating a wide range of physical limitations with comfort for the passenger and efficiency for the operator. Skilled drivers are especially important, to minimize discomfort to passengers brought about by rapid acceleration and jouncing.

be perated at a profit. conscinits of the handicapped market car even, in the case of a public agency) must agency which will both meet the needs of adequate efforts to involve communities and personnel to absorb overhead costs, and inalternative uses of capital equipment and system known to the potential market by effective and inefficient scheduling of veresponsive to the service needs and price sis to date indicate that a specialized system and aggressively selling the services to the ping special vehicles to meet the demand veying and analyzing the market, in equipbe willing to risk capital and effort in surthe market and make a profit (or break head support of these services. The firm or their institutions in the operation or overhicles, failure to make the services of the nature and potential size of the market, iniered from insufficient understanding of the be learned from past efforts which have suf-If such a system is to succeed, lessons should imaginative advertising, failure to exploit handicapped traveler. Research and analy-

institutional constraints on change

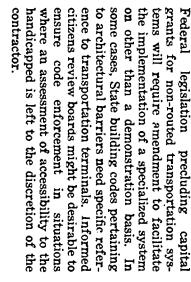
There are presently major problems in implementing both the guidelines for existing modes and the specialized system, and these constraints will need to be lessened before any large-scale changes will take place. The manufacturers of vehicles and their components, the responsible transportation company or authority, and existing federal and state legislation all impede action on the proposed guidelines.

Major changes in vehicle design require a large investment which the manufacturers are not eager to make without guarantees of increased revenues. When a vehicle requires major alteration, as does the bus, the interrelated systems and components must be tested and re-tested in relation to each other as to performance standards. The cost of engineering time becomes a major expense, and hence a principal barrier to change.

The structure of the industry is another deterrent to action. While a larger share of the market might ordinarily be a strong incentive for any manufacturer to invest in product improvements, the largest bus manufacturers are already able to influence the market in such a way that is not advantageous for them to initiate the changes.

There is currently little demand for change being voiced by the local operators of transportation systems. Suffering from the same lack of information as equipment manufacturers, they must be content with the menu of hardware choices offered by the producturers, somehow confident that the manufacturer is keeping up with developments, human engineering and product plans.











V. selecting and applying the guidelines

such as long walking distances, affect cessible to the handicapped. modifications or new systems that are ac tors must be considered when planning to the point of exhaustion. All of these facvenient up to that point. Other barriers his trip may have been comfortable and concapped traveler in his tracks, even though Some travel barriers can stop a handismaller segments of the population (16%). ically handicapped (66%), while others, travel of a large percentage of the chronas sudden vehicle movement, discourage ing persons. Some of these barriers, such the travel of physically handicapped and ag number of different barriers which impede All modes of public transportation contain a have a cumulative effect that can be tiring

Since the handicapped generally have more than one of the functional disabilities identified earlier, and encounter more than one kind of travel barrier, it is necessary to eliminate the *combination of barriers* which

bars the travel of the largest proportion of any local population. Even though long crr-ridors are a problem for about 16% of the chronically handicapped, eliminating the need to walk such long distances will aid only 6% of this population unless other improvements are also made. Why? Because people who do not have the stamina required to walk long distances also have trouble with other actions—climbing stairs, moving rapidly, and waiting in line, for example. In order to make the system accessible to that 16% who cannot walk long distances, it is necessary to eliminate all of the other barriers that are associated with the disabilities of the people who make up

The process of identifying and evaluating the most important combinations of guidelines is very complex. The Department of Transportation has therefore developed an analytical technique that is already programmed for computerized analysis to aid

tary of Transportation, 400 7th Street S.W., Washington, D.C. 20590 culates the proportion of the physically handicapped population which would be able to use each transportation mode if of barriers. This computer program calduring the contract research project are available from the Office of the Secresary to conduct this research in your area with local data. All of the materials necescan be obtained by operating the program each level of effectiveness, all of the barriers each barrier combination were removed. ness of removing all possible combinations film and calculates the relative effectivewhich was keyed to the Travel Barriers data from which the surveys undertaken for their system. The program analyzes ing the set of guidelines most appropriate planners, designers and operators in select effectiveness projections for local situations checked must be removed. More accurate tables as effectiveness indices. To achieve These percentages appear in the following



| Effectiveness | 37 | 45 | 49 | 51 | 58 | 58 | 64 | 71 | 71 | 78 | 22 | 97 | Effectiveness Index | |
|-------------------|----|----|----|----|----|----|----|----|----|-----|-----------|----|------------------------|----------|
| tiven | × | × | × | × | x | × | × | × | × | × | × | × | Sudden Movement | •• |
| 889 | × | × | × | × | × | × | × | × | × | × | × | ж | Overhead Grip | SUBWAY |
| Ind Sub | × | × | × | ы | × | × | × | ж | × | × | × | × | Rapid Self Locomotion | 8 |
| Indices Subway | × | × | × | × | × | × | × | × | × | × | × | × | Long Stairs | ΑY |
| | × | × | × | × | × | × | × | × | × | × | × | × | Movement in Crowds | BA |
| or Remo | | ж | | × | | × | × | × | × | × | × | × | Rise from Seat | BARRIERS |
| ers mo | | | | | | | | | × | × | × | × | Escalator | |
| gair ₀ | | | × | | × | ж | X | × | × | × | × | × | Turnstile | RS |
| Š | | | | × | × | | × | × | | , . | × | ы | Short Stops | |
| Removing Selected | | | | | × | | | × | | × | | × | Long Walking Distances | |



fectiveness Indices for Removing Selected

Bus and Trolley Burriers

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|--------|----------|-----|------|----|-----|---|----|-------|----|----|------|---|
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Effectiveness Index
Sudden Movement
Ride Standing
Rapid Self Locomotion
Movement in Crowds
Wait Standing
Short Steps
Rise from Seat
Aisle Width
Long Walking Distances

BUS AND TROLLEY BARRIERS

| 28 | 35 | 40 | 44 | 50 | 55 | 59 | 63 | 68 | 76 | 80 | 99 | Effectiveness Index |
|----|----|----|----|----|----|----|----|----|----|----|----|------------------------|
| × | × | × | × | × | × | × | × | × | × | × | × | Sudden Movement |
| × | × | × | × | × | × | × | × | × | × | × | × | Baggage Storage |
| × | × | × | × | × | × | × | × | × | × | × | × | Rapid Self Locomotion |
| | | | × | × | ж | × | × | ж | × | × | × | Long Stairs |
| | | я | × | | | × | × | × | × | × | × | Short Steps |
| × | × | я | × | × | × | × | × | × | × | × | × | Movement in Crowds |
| | | | | | × | | × | × | × | × | × | Rise from Seat |
| | | H | | | | | | | × | ж | × | Aisle |
| | | | | | | | | | × | | × | Handrail on Steps |
| | × | | | | × | × | × | × | | ж | × | Long Walking Distances |



AIRPLANE BARKIERS

Effectiveness Indices for Removing Selected Airplane Barriers 2 8 જ 7 8 য় & 72 3 8 × H × × H

Effectiveness Index
Long Stairs
Rapid Self Locomotion
Baggage Handling
Movement in Crowds
Escalator
Short Steps
Aisles
Long Walking Distances
Seating

VI. conclusions and recommendations

1. The travel barriers which presently pose the most difficulty for the handicapped are the dynamic, movement-oriented barriers which are characteristic of our present transportation systems: acceleration, crowds, time pressure, and jerking. Projections of future disabilities to 1985 indicate that the relative importance of these movement barriers will continue.

The significance of the movement-oriented barriers suggests that the most difficult transportation design and engineering problems will have to be solved before public transit will be routinely available to the physically handicapped. Hence, it is most important that the transportation systems that are now being planned incorporate the guidelines that are suggested here.

2. Although travel barriers which are architectural in nature exclude a smaller portion of the handicapped from public transportation than do the dynamic movement barriers, they are still of crucial importance. Designers of all new transportation systems should consciously eliminate any and all architectural barriers from their plans, and operators of existing systems should carefully review them for possible modifications. The combination of barriers eliminated should be selected so as to maximize the

number of handicapped people helped, within the available budget.

3. Since the bus serves more areas than does the subway and would require fewer structural changes to make it accessible, it is the highest priority target for improvement. Unfortunately, a major redesign of the vehicle will be required. To correct the critical problems, such an effort should concentrate on lowering the height of the interior floor, decreasing acceleration, deceieration and swaying; widening the aisles; and supplying additional supports for standing passengers.

4. The success of a program to eliminate travel barriers will be greatly enhanced by an accompanying program to reach a larger proportion of the physically handicapped population with higher quality mobility training in rehabilitation institutions. A mobility program should concentrate on the specific, movement-related requirements of public transportation, such as balance, coordination, and movement in a moving environment. There is also a need for a comprehensive education program and public information campaign on handicapped mobility for the handicapped themselves, their families, the general public, for planners

and designers, and for manufacturers and transportation system operators.

aged, perhaps by an organization of the of the ride, driver training, size of the ve eral demonstrations should be undertaken to many advantages which suggest that sevnumber of areas, other interim provision transportation systems will require long 5. Since the development of new, accessible gressive advertising. If such a system could hicle, extent of service, and effects of agtest preliminary hypotheses about the price routed transportation system for all the must be made. A specialized, dynamically. lead times and will apply to only a limited that it could be privately oved and manhandicapped and aging appears to have indeed to operated without a loss, it is likely

6. The guidelines given here and described in more detail in the technical report, Travel Barriers, should be reviewed by all communities for those which apply to their systems. Following the selection process, communities should outline a course of action and a strategy for applying the guidelines to rectify the problem. Without local community concern and action, the transportation needs of the handicapped will continue to go unmet.